



Celebrity Dentist Dr. Jay Grossman States His Concerns for the Drug Triclosan Found in Toothpaste Amid FDA Ban

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The Food and Drug Administration has banned the chemical triclosan in hand soaps, however it is still allowed in toothpastes, which Dr. Jay Grossman has reservations about.

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Dr. Jay Grossman, <http://www.drjaydds.com/> (<http://www.drjaydds.com/>) speaks on the topic of using the controversial antibacterial chemical, triclosan, amid the Food and Drug Administration's ban in using it in hand soaps. While it is not allowed in soaps, the F.D.A. was convinced by the bestselling toothpaste brand, Colgate Total, that the benefit of triclosan outweighs any risk.

In a New York Times article, Andrea Fischer, an FDA spokesperson stated that, "triclosan has demonstrated to be an effective component in reducing plaque and gingivitis," based in large part on a Colgate study done in 1977, and the balance of benefit and risk was favorable to use this ingredient in soaps and toothpastes.

It is the opinion of Dr. Jay Grossman, that the efficacy of its possible antimicrobial properties, may be outweighed by its possible role in disrupting hormonal development. Although the Colgate study sites a significant reduction in gingivitis, independent reviews, such as those done by the Cochrane group, state that the benefits may not be clinically significant.

The potential health concerns of triclosan have caused the F.D.A. to list it as a "CEC", a contaminant of emerging concern.

As a dentist, I must state my concern for a product that has such a classification, and until more research is done, you may want to think twice about using any products that contain triclosan.

http://www.nytimes.com/2016/09/07/well/live/why-your-toothpaste-has-triclosan.html?_r=0 (http://www.nytimes.com/2016/09/07/well/live/why-your-toothpaste-has-triclosan.html?_r=0)

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