



Renowned Dentist, Dr. Jay Grossman Disputes Erroneous Claims By The Government On Flossing

Dr. Jay Grossman strongly disagrees with the government's suggestion that flossing is not as effective as previously believed.

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Dr. Jay Grossman, <http://www.drjaydds.com/>, argues reports made on August 2, 2016 by the Associated Press on the removal of flossing by the U.S. Department of Health and Human Service removal as a recommended practice. The removal from this year's dietary guidelines comes after the government admits research has not been extensive or reliable enough to deem flossing "effective."

Dr. Grossman is a Clinical Professor of Dental Medicine at Western University College of Dental Medicine, as well as a lecturer for 21 years at UCLA College of Dentistry. With a mission to provide the finest dental care available using state-of-the-art technology, he claims that the simple act of flossing is in fact effective and beneficial towards oral health.

According to the U.S. Healthy department, "flossing has no proven benefits." Dr. Grossman argues that this comment is "not only false, it is dangerous and detrimental to the population." Dr. Grossman believes if people trust the new government guidelines, there will be an increase in gum disease, cavities, and halitosis.

Claims that brushing your teeth are enough are simply not true, according to Dr. Grossman. "A tooth brush removes food and cleans most of the surface area of your tooth, however the only way to remove material between your teeth, is with floss." Dr. Grossman argues that the effectiveness of flossing can clearly be seen when pieces of food are removed from in between teeth. According to the acclaimed dentist, "if you don't floss, that food will stay in your mouth, decay and cause tooth and gum damage."

Considering that only 50% of Americans floss daily, Dr. Grossman warns everyone not to fall into this category due to the, "erroneous and false reports."